

The Guardian

JUNE 2018

FROM THE WARDENS

*For as the earth brings forth its shoots,
And as a garden causes what is sown in it to spring up,
So the Lord God will cause righteousness and praise to spring up.*
Isaiah: 61:11

This time of year I find myself in the garden. With an aching back and limited free time, I wonder why I spend my time digging, weeding, and getting dirty. After all, we do live in an area blessed with many amazing CSAs and I have many other things that I could or should be doing. This work stands in sharp contrast to my daily life as a physician and a surgeon -- completely focused, hands scrubbed and in sterile gloves, no room for error. In the garden, my body is active, but I am grounded. Hands in the dirt, head in the sun, and my heart and mind are open. It slows me down, connects me with nature and is a time for grace and a time for prayer. In a garden we sow, we tend our crops, we weed, we water and we hope. We wait with anticipation to see what will come. Our sabbatical time is like that too.

We have had a busy May, preparing the garden and sowing the seeds. We have had discipleship and bible study groups, our first guest preacher, a prayer vigil with Mary and a Play & Pray Weekend. The summer months will offer more opportunities, but at a slower pace. Your garden has been planted, now it is time to watch it grow. There are so many ways to feel the Spirit at St. Michael's. We are growing and changing together all of the time. I wonder if Mary will be surprised when she comes back. What will she find in the garden that she did not expect? What new seeds will we have sown? What has thrived unexpectedly and what was forgotten? While we continue in our shared ministries and worship, I encourage you to be thoughtful about your own sabbatical time. Take time for new experiences; give up some old ones to make space. Find a time for:

Quiet -- set a time and space to give God your attention, open your heart.

A time to explore -- try something new, plant new seeds, meet new people, a new spiritual practice.

A time to dance -- sing and open your heart to joy!

Blessings
Judith McBean (MD)
Your Senior Warden

NEWS OF THE PARISH

CALLING ALL KEYS

Your Wardens, Jeanie Crosby, Wayne Cook, and clergy have all received notification of many minor thefts around the Church building over the past months.

The following action plans have been discussed and will be put into place:

1. Many parishioners have keys to the Church. We are requesting that any key to the building that you are not currently using be returned to the office.
There will now be a sign out log and key for those who require access to the building after hours.
2. The hidden key has been removed from its hiding place.
3. All groups who use the Church building will be notified and be asked to lock the doors after their meetings.
4. Doors are being left open, especially on Sunday after the 10:15 am worship service. An usher and a Vestry member will be responsible to ensure locking of the door after service is over.
5. When doors are locked, one can exit the building but not re-enter.

The security and safety of our buildings are important and just as important as opening our building to the many community groups who use our Church.

EXPLORING OUR FAITH TOGETHER

ADULT FORUMS IN JUNE

June 3 - Trip to Kenya -- Brian and Joyce Morgan discuss their service trip to Kenya, led by Rev Lise Sparrow of the Guilford Community Church. The trip began with a visit to one of the world's most notorious slums, Kibera in Nairobi, where young visionaries have begun to change the conditions of some neighborhoods, with elementary schools at the center. Young leaders in the small village Kaigushu, in the central highlands, have founded a boarding school for AIDs orphans and graduates of Kibera's elementary schools. Philip and Susan Wilson were part of the last service trip there; this time funds raised at St. Michael's Pancake Supper went toward a water purifier to make safe the water collected in the cistern the Wilsons worked on. The school community designated a number projects that they hoped we could help with. In 5 days, they and we accomplished almost all of them. Altogether a joyful and hopeful experience ...

June 10 – Gay Pride Sunday -- Lars Hunter, a licensed lay minister at St. Mary's in the Mountains in Wilmington where he has been a member for 20 years, will talk about his transition from Laura to Lars.

June 17 – Water PART 2 – The poet Samuel T Coleridge once remarked “Water, water, everywhere nor any drop to drink.” Perhaps Cape Town is just the beginning. We will explore the subject of fresh water and the crisis facing us all - a crisis to be addressed by our children and grandchildren, a crisis about which we should be much more informed. Bill Ames will continue to share the results of his research.

June 24 – There is no Forum on June 24

SPRING TAG SALE RESULTS

As you read this it will seem like the Spring Tag Sale was ages ago, when it was really just about a month ago. We still have some items out at consignment, which will increase our final total just a bit. At this time I am happy to say the proceeds were **\$6,720.98**

My thanks to all those who volunteered; be it presale activities, prep week, manning the sale itself, cooking and baking or clean-up and sometimes all of the above. I hesitate to “name names” only out of fear/embarrassment at missing someone. You all know who you are; so give yourselves a pat on the back for a job VERY WELL DONE. It is your hard work and dedication that makes this sale/ministry the success that it is.

My thanks to God that all our prayers for fair weather skies were answered. It made for a much better time for staff and visitors alike. But if anyone tries to tell you God doesn't have a sense of humor; just remember the 30+ mph winds Friday night. So a very special thanks to those of you who erected and anchored our new tent. It stayed in place and in one piece.

Again, thank you all for another job well done.

Blessings to all,
Anne Cook

**HELP WANTED:
NEW TAG SALE
LEADERSHIP**

It is rather ironic that Duncan's sermon several weeks ago began with reference to his struggles to make a decision recently. I too have struggled with taking this step. That said, I have made the decision to step down from the Tag Sale Leadership. Thankfully, Lucia Osiecki has agreed to chair the Fall Sale, so nothing will need to change or be addressed immediately. However, beyond that, future tag sales may well depend on new life being breathed into it and new ideas. It does not need to look the same in order to be successful. Remember change can be a good thing.

I pray that someone (or a group) will step forward when the time comes to lead and continue this vital ministry. I will gladly provide whoever that might be with plenty of printed material and tips. If the event continues I am sure I will enjoy just being a volunteer.

Thank you for all your past support and your understanding of my decision.

Blessings to all,
Anne Cook

**COME CELEBRATE OUR VETERANS,
JUNE 2, 9:30--10 AM**

From Parishioners Bill & Nancy Ames – “On Saturday, June 2, we will celebrate the opening of a handicapped and wheelchair accessible nature trail at the Ames farm. Any and all are invited to attend. The dedication to our son Jeff, a retired Marine who is 80% disabled, will begin at 10:30 am. The entrance to the trail is from Route 63 in Northfield, MA located 1.5 miles south of the intersection of routes 10 and 63. Exit at the Northfield exit off route 91 south and follow Route 10 East and over the Connecticut River to the intersection with Route 63, then turn right (south) for 1.5 miles. The trail entrance is on the east side of the road. There is plenty of parking room in the Route 63 break down lanes.”



EXPLORING OUR FAITH TOGETHER

SABBATICAL PREACHERS IN JUNE

The next two sabbatical series preachers are Bill Ames on June 3 and Tom Cain on June 24. The rest of the schedule is: July 8 – Caleb Fritz, July 22 – Matt Bickford, July 29 – Mark Horton and August 5 – Jesse Ridgway.

Bill Ames says “Nancy and I have been members of St. Michael’s for about 12 years. Nancy and I are both Congregationalists from birth and both of us had stopped going to church. The Rev. Thomas Brown suggested that we “dive in,” and so we did. I have served twice on the Vestry including twice as Junior Warden, chaired the investment Committee for 8 years, and served on other committees. Nancy and I, along with Rev. Jean Jersey and several fellow parishioners, pursued our agricultural ministry work in El Salvador over many years. I was St. Michael’s first graduate of EFM. About 4-5 years ago, at Convention, I was elected a Trustee of the Diocese of Vermont. There I served on the Investment Committee with Clark Anderson (then of St. Michael’s) overseeing the endowment funds of about 25 Vermont Parishes. I have since resigned. At present, I am on our Forum Committee and the Endowment Committee, and this year I helped create a new committee initiative for Veterans, a work in progress.”

Tom Cain is an active member of the choir at St Michael’s and co-founder, with his wife Nancy, of Against the Grain Gourmet non-gluten bread company, one of Vermont’s fastest growing companies and best places to work. Tom came to Vermont after a successful career in finance to go with his professional training in music, which he has used in many ways including our choir and leadership in the Brattleboro Music Center.

THE BISHOP DISCERNMENT AND NOMINATING COMMITTEE WANTS TO HEAR FROM YOU!

You are cordially invited to attend a Holy Listening Session at St. Michael’s on Thursday, June 7, 2018, from 6:30 to 8:00 pm as part of the process to discern what is next for the Episcopal Church in Vermont. We will be considering the following questions:

1. What do you believe is the most special or unique thing about the Episcopal Church in Vermont?
2. What do you believe the Church in Vermont does especially well? Are there things that you believe the Church could do better, or could do differently? Are there things not being done that the Church should be adding, or things now being done that should not be continued?
3. What sort of leadership do you believe would be most appropriate for the Episcopal Church in Vermont in the years ahead?
4. Are there additional issues that you believe the Bishop Discernment and Nominating Committee should consider that have not been discussed at this meeting?

Since our time will be limited, we want to be sure we get to each question. We will be breaking into small groups and are aiming to spend 10 minutes on each question, followed by a report-out session.

If you are unable to attend or think of something after the meeting that you wish the BDNC to consider, please email Valerie Abrahamsen at valabrah@comcast.net. Thank you for your valued participation!

EVENING PRAYER AT CHRIST CHURCH
JUNE 10, 5 PM

A short service of chanted Evening Prayer will be offered at Christ Church, Guilford, at 5:00 pm on Sunday evening, June 10, 2018. The service will follow Rite II in the Hymnal and the Book of Common Prayer and will be led by parishioner Valerie Abrahamsen. It lasts approximately half an hour; please join us.

EXPLORING OUR FAITH TOGETHER

PRIDE SUNDAY, JUNE 10

Come join us in celebration and help us show our LGBTQ PRIDE!

We have invited two guests to speak to and with us for this year's Pride Sunday. Our preacher will be Alexander Potter. Alex is proprietor of Caracal Consulting, providing public health and general consulting services



with an emphasis on writing and research. With an overall focus on disease prevention and health promotion, Alex specializes in the areas of HIV/AIDS, mental health, and gender and sexuality. Born and reared in Brattleboro, Alex currently lives in West Brattleboro with his wife, Deborah.

Lars Hunter will be our Forum speaker. Lars is a licensed lay minister at St. Mary's in the Mountains in Wilmington where he has been a member for 20 years. He is retired from several occupations including media specialist, professional photographer, and a school bus driver. He served as a "Companion" for the diocese and currently volunteers as a Guardian ad litem for Vermont superior Court Family Division and as a hospice volunteer. He was married to Jack Hunter for 29 years prior to Jack's death in 2012. They have three grown children and three grandchildren.

SABBATICAL BIBLE STUDY MEETINGS

Building on the Saturday workshop with Rev. Mick Comstock, the Sabbatical Planning Committee is offering a six-session Bible Study program. The remaining three meetings and readings are:

- June 14: 1 Samuel 15:34-16-13, Mark 4:26-34
- June 28: 2 Samuel: 1:1, 17-27, Mark 5:21-43
- July 12: 2 Samuel 6:1-5, 12b-19, Mark 6:14-29

We review the historical place of the readings, their role in the grand 'salvation history' of God's relationship with his people, the Biblical context of immediate events, and finish by discussion what these readings mean for us today.

THANK YOU!
Heartfelt thanks to St. Michael's Episcopal for its Mother's Day gift of 3,178 diapers to the Parks Place Diaper Bank in Bellows Falls.
The Outreach Team.

FROM THE MINISTER OF DISCIPLESHIP AND DISCERNMENT



This spring has been a season of reflection and evaluation on the past year in order to plan and focus the direction of the ministry for the coming year. Most of all it has been a season of learning to embrace uncertainty in commu-

nity resulting in a series of questions.

- As the six discipleship groups evolve, how do we maintain unity and shared purpose while allowing for diversity and autonomy?
- How can we live more fully into our Episcopal and Anglican tradition while also embracing innovation?
- How do we move forward with the ministry with both intellectual honesty and clarity and light heartedness?
- How do we create a clear plan and also be willing to abandon it when the Spirit moves us in a different direction?
- How do we celebrate and join in all that God is doing beyond the walls of the church while also honoring God's call to welcome the stranger and provide hospitality?
- How do we hold ourselves accountable to clear measurements and goals with the ministry so that we can learn from our "experiments" and judge what has worked, while also holding to the truth that we worship a crucified savior and what may appear to be a "failure" may be the biggest "success?"

Recent events

- All 6 of the discipleship groups have continued to meet throughout the spring. About 58 people have attended a discipleship group at least once with about 85% of those becoming regular attending members. I have been visiting each of the six discipleship groups to reflect together on what has worked about the small groups and what hasn't. Group members are now responding to an online anonymous survey about their experience in their

group and ideas for changes. The Wednesday open group has already committed to continuing to meet twice a month through the summer and beyond, and the other 5 groups are discussing their futures. All the group participants are invited to share about their experiences and discuss the coming year at a potluck on **May 30**.

- Earlier in May, a handful of us went to visit the MANNA ministry for and by the homeless run out of St. Paul's Episcopal Cathedral in downtown Boston (see Whitney's article in this edition of the Guardian). What stood out to me most from the visit as examples of God's mission were the moments where who was a leader and who was offering hospitality were turned on its head. For example, at their leadership meeting, one unhoused man proudly shared how he had participated on MANNA's Walk for Hunger Team and helped to raise \$2,000. My hope is that, out of further exploration and prayer and conversation in community, God will further reveal what we're called to.
- In an effort to practice being more missional, I've been celebrating the Eucharist monthly at the Shell gas station on Canal St. with the cashier who can't make it to church on Sundays, joining community lunches at Turning Point Recovery Center, and having conversations with folks there about how the church can join and support what God is already doing there to help people transform their lives. Some ideas have been starting a centering prayer group at Turning Point or celebrating a regular Eucharist service there.
- Members of each discipleship group are invited to reflect on six spiritual disciplines: stewardship of money, prayer, worship, care for the poor, study of scripture, and discernment of God's call. My hope is that we can develop trainings, workshops, and ongoing reflection groups for people in the parish and beyond so that they can explore more deeply how to engage in these practices. A few groups are now researching and brainstorming how to do that in the coming year.

EXPLORING OUR FAITH TOGETHER

FROM THE MINISTER OF DISCIPLESHIP AND DISCERNMENT

*continued from page 6***The Summer at L'Arche Erie**

When I began my work at St. Michael's last July, it quickly became clear that to build relationships and develop the ministry was more than a 20 hour a week job. Given that the congregation is most active during the school year, Mary and I discerned, with the Vestry's blessing, that it made sense for me to balance out my work schedule during the busiest months with an extended time away during the more quiet summer. I'll be living in the L'Arche community in Erie, PA for most of the summer. L'Arche is an ecumenical, international network of communities that "provide homes and workplaces where people with and without intellectual disabilities live and work together as peers; create inclusive communities of faith and friendship; and transform society through relationships that cross social boundaries." I've explored working with people with special needs as part of

my calling at various chapters in my life – living and working alongside people with special needs on a farm in Ireland in Christian community for two years, visiting the L'Arche community in Haverhill MA while I lived in Boston, and more recently working part-time for Families First last year while I studied for my ordination exams. During this time at L'Arche, I will explore how working with people with special needs in Christian community could be part of my career as a priest in which I have more than one job at a time. The leadership team of Jeff Hiam, Darcey Mercier, Christy Fritz and Megan Buchanan will be the contact point for the discipleship ministry in my absence. I'm grateful for the chance to explore an old calling in a new place and I'm hopeful that the people and ideas I encounter there will enliven my work at St Michael's.

**OUR TRIP TO MANNA AT BOSTON'S EPISCOPAL CATHEDRAL**

On May 7, Saint Michael's helped to send a small group from Brattleboro, coordinated by Duncan Hilton, to visit Cathedral Christ Church of St. Paul in the heart of downtown Boston. The purpose of our trip was to participate and observe the MANNA Program of weekly outreach services for persons who experience street living, homelessness, and poverty. MANNA (Many Angels Needed Now and Always) is a ministry of St. Paul's by and for the Homeless. It includes meditation, writing and singing groups, and Monday Eucharist. A hearty meal is served to a wider homeless population.

We arrived in time for a circular group check in, fashioned on the AA model. Duncan greeted many of his previous acquaintances. I renewed friendships from last summer's MANNA campout in Londonderry. We shared a well-attended communal meal. Eucharist followed. I sat next to a person who was in an active conversation with the voices she was hearing.

There was incense. It triggered a fire alarm and we were required to evacuate the building (sound familiar?). What impressed me most was reentering the outside world and the bustle and admixture of people on

Tremont Street. I had difficulty focusing on the external stimulation. There is often a fine line with the intermingling between "them and us," yet we share a universal spiritual existence. On return to the sanctuary, Reverend Tina and her staff skillfully handled the disruption and helped to de-escalate a potentially volatile situation. We continued with the Eucharist Prayer.

The "Brattleboro Four" processed our impressions on the ride home. For me, three important issues come to mind as we move forward:

- St. Michael's needs to find specific and less judgmental ways to be more welcoming to the greater Brattleboro community.
- When we confront and embrace our discomfort openly and honestly, it becomes less difficult to move forward.
- Let's find new ways for our discernment calling.

I look forward to our outreach discernment ministry at St. Michael's as we follow the loving example of Jesus Christ.

Whitney Nichols,
Peer Advocate/Consumer Educator

GOING ON TO GALILEE

“But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you.” Mark 16:7

Dear St. Michael’s Episcopal Church,

Greetings from a peaceful day here in Nazareth in the Holy Land. Out my apartment window lies the apse of Christ Anglican Church and, two hundred feet away, the Basilica of the Annunciation, where Catholic tradition remembers the angel Gabriel visiting Mary. Since January, I have been serving at Christ Church in Nazareth and teaching in local schools as a missionary of the Episcopal Church and member of Jerusalem Peacebuilders. It is another chapter of my life and ministry, rich with our Lord’s gentle guiding and steadfast love. After a cold arrival in January characterized by two weeks without hot water in my apartment, I quickly went to work reaching out to the schools where I had previously arranged to lead Jerusalem Peacebuilders (JPB) Leadership and Peacebuilding programs. What unfolded was a surge in demand and multiple grace-filled meetings with schools who were interested in bringing JPB programming to their students. In total, I secured four programs, with each class meeting weekly. Combine four days of teaching with two and a half days of volunteering at Christ Church and you end up having a very busy servant! It is deeply rewarding to observe each of my nearly one hundred students grow and develop as a result of my teaching, example, and witness. They have grown in confidence, both personally and in their command and use of English as a second or third language. They have grown in their capacity to see the other side of the Israeli-Palestinian conflict and have developed new skills in communication and peacebuilding. Most importantly, they have a renewed sense of hope for their future – that things will get better and peace is possible.

One very special moment came when the Presiding Bishop Michael Curry of the Episcopal Church, on pilgrimage to the Holy Land in late March during Holy Week, visited one of my school programs. Leading up to his visit, I had been working with the 11th graders on writing speeches and they were ready to share their words with Bishop Curry. Each student spoke well and captured the attention of the Presiding Bishop and his delegation, leaving me feeling like a proud parent but shying away from stealing the spotlight from the teens. For more detail, read the Episcopal New Service article on Bishop Curry’s visit at www.episcopalnewsservice.org/2018/03/29/moving-deeper-into-holy-week-presiding-bishop-visits-bethlehem-nazareth/.

These sacred moments of teaching in schools and serving in worship and parish administration have taught me one important lesson: that I am called to use my gifts to serve the Church and further the Kingdom of God in this life. And so, with this quiet confidence and sense of righteousness, I rise each day and go out into the Galilee to do the will of our Father in Heaven. Sending my prayers and thanksgivings for the community that so warmly welcomed me five years ago.

In Christ,

Jack Karn

EXPLORING OUR FAITH TOGETHER

SUMMARY OF APRIL 19 VESTRY MEETING

Mary opened the meeting with prayer and the beginning of our book study of “People of the Way: Renewing Episcopal Identity.” The author is Dwight J. Zscheile who was one of Mary’s mentors on the Missionary study that she undertook with other Episcopal clergy in recent years.

Duncan Hilton and Christy Fritz gave a report from the Disciple and Discernment Ministry about past and future initiatives and community outreach activities.

The Sabbatical Team of Jeff Lewis, Leigh Marthe and Christy Fritz reported on the activities they have planned including scheduling lay preachers, prayer vigils, a bible study group and the upcoming Play & Pray weekend.

The Treasurer, Wayne Cook, gave an update on the current financial situation.

Thank you cards were sent for the hard work of: Liz Vick for organizing the winter Overflow Shelter Suppers; Susan Wilmot for doing so much pre-tag sale work; and to

Jane Sbardella recognizing all the work that Altar Guild does, especially during Holy Week.

Mary gave her report which would be the last to the Vestry before her sabbatical. She has updated the website with content and photos. The Annual Picnic has been arranged for August 26.

Mary and the Senior Warden, Judith McBean, and Junior Warden, Carolyn Taylor-Olson, discussed sabbatical details and planning and the increased role of the Vestry at this time.

Judith McBean told us that Saturday August 4 has been chosen as the date for a visit to Rock Point in Burlington which will be open to the congregation. Look for more details to follow.

A closing prayer was offered by Carolyn Taylor-Olson.

Submitted by *Janet Brocklehurst*

SUMMARY OF MAY 17 VESTRY MEETING

The Vestry met on Thursday 5/17 and had an excellent discussion reviewing the following topics:

- Opening prayer was offered by Carolyn.
- Judith led discussion reflecting on the book “People of the Way, Renewing Episcopal Identity.”
- Leadership/Discipleship group updates were discussed by Duncan. 58 members of the congregation have participated in the various groups thus far. On June 24, there will be a forum to discuss ongoing experiences in the groups. The open group meets on the first and third Wednesday of each month from 5:30-7:00 pm. The St. Michael’s website has further information and updates.
- Wayne reviewed financial updates. YTD income is 98.7% of expected, and YTD expenses are 103.2%

of expected. Electrical expenses are quite high. If you are in the church and see lights on, please shut them off.

- Christy Fritz gave updates from the Sabbatical committee and planning for the upcoming Play and Pray weekend.
- Vestry members will be visible at church events with name tags. Please approach us with any questions, concerns or comments.
- Plans are in the works for a day trip to Rock Point on August 4th. Stay tuned for details.
- Closing prayer was offered by Judith.

Sincerely,

Mark Horton

NEWS OF THE PARISH

VESTRY

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**PASTORAL CARE NEED?**

If you have a pastoral care need while Mary is away, you may contact Jean Smith by email at revjrsmith@comcast.net or by cell phone at 973-568-0896, Jenn Karstad by email at artemisia_vt@yahoo.com or by phone at 802-579-7743, Darcey at 802-380-1251, or Jeanie at the Church office, jeanie@stmichaelsvermont.org or 254-6048.

**SAVE THE DATE – SATURDAY AUGUST 4**

We will have a parish day trip to Rock Point on Saturday, August 4.

Watch for more information in July.

EXPLORING OUR FAITH TOGETHER

JUNE LECTIONARY

JUNE 3

Deuteronomy 5:12-15, Psalm 81:1-10,
2 Corinthians 4:5-12, Mark 2:23-3:6

JUNE 10

Genesis 3:8-15, Psalm 130,
2 Corinthians 4:13-5:1, Mark 3:20-35



JUNE 17

Ezekiel 17:22-24, Psalm 92:1-4, 11-14, 2
Corinthians 5:6-10, 14-17, Mark 4:26-34

JUNE 24

Job 38:1-11, Psalm 107:1-3, 23-32, 2
Corinthians 6:1-13, Mark 4:35-41

CELEBRATIONS

JUNE BIRTHDAYS

June 1	Madelyn Howard, Nancy Durborow
June 2	Laura Lewis, Cary Gaunt, Jane Sbardella
June 3	Lynne Billington, Caroline Wojcik
June 4	Phillip Stimmel
June 5	Jonah Johnson, Deborah Jones
June 7	Conor Landenberger
June 9	Larry Earle
June 11	Martha Moravec
June 12	Betsy Bates
June 13	John Byrnes
June 16	Jake Mattson
June 17	Jean Jersey, Herb Meyer
June 20	Jared Rediske
June 21	Nye Ffarabas
June 23	Craig Hammond
June 25	Whitney Nichols, Kevin McElhinney, Michael Fedoruk
June 27	Carolyn Taylor-Olson
June 28	Judy Hueber, Oren Hesselbach
June 29	Vince Johnson
June 30	Zadie Olmstead



JUNE MARRIGES

June 1	Ramon & Maria Escalera
June 10	Greg & Kelli Allen, Douglas & Ann Bonneville
June 15	Peter & Jean Smith
June 16	Doug & Mimi Lilly
June 18	Al & Janet Cramer
June 21	Ron Bell & Gwen Mousin
June 22	Kevin McElhinney & Carol Beninati
June 24	Philip & Cherolyn Stimmel

STM

The Guardian is published monthly by St. Michael's Episcopal Church. News items, announcements, articles, etc., should be submitted to jeanie@stmichaels-vt.org by the 15th of the month for consideration.

The Guardian Mailing List: Contact Jeanie Crosby with address changes or requests to be added or removed from *The Guardian* mailing list. jeanie@stmichaels-vt.org or 802-254-6048.

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The Guardian

a Christ-centered community of practice awakening to the abiding presence of God



Our Worship Together

SUNDAYS	8:00 am, Quiet service of prayer and Holy Communion 10:15 am, Prayer, music, and Holy Communion, with childcare
WEEKDAY MORNINGS	6:00–7:00 am, Silent hour in chapel
WEDNESDAYS	12:00–12:30 pm, Brief service of prayer and Holy Communion
THURSDAYS	5:30–6:00 pm, Contemplative service of chanting, silence, and prayer
SATURDAYS	8:00 - 9:00 am, Centering Prayer